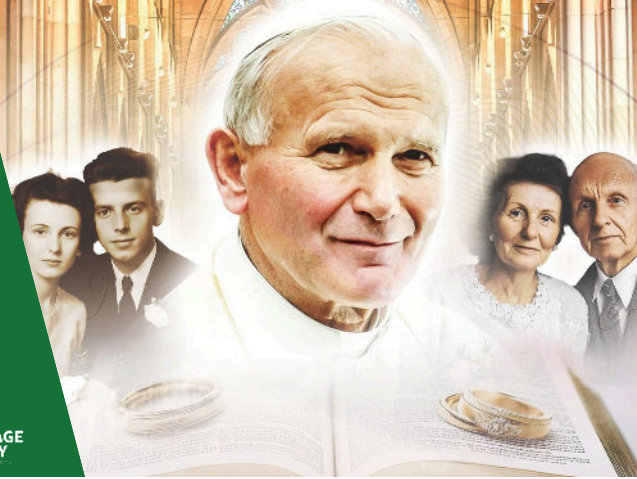


20 Reflective Questions For Married Couples



Celebrating Life, Marriage and Family Sunday can prompt couples to reflect and identify the priorities for their relationship. Here are some meaningful questions that couples may wish to discuss during date night or when they have free time away from their children.

PRAYER LIFE

- How do we invite God into our daily routine?
- What ways do we pray together as a couple?
- How can we support each other spiritually?
- What does participating in Mass mean for our family?
- How can we practice forgiveness and mercy at home?

MARRIAGE AND VOCATION

- How can we evangelise our children through the witness of our marriage?
- What ways can we serve our local parish community?
- What is our biggest hopes for the future together?
- How do we handle stress and change as a couple?
- When do we see our wedding vows being lived out in our marriage?

FAMILY AND PARENTING

- How do we pass on our Catholic faith to our children?
- What are our goals for disciplining and nurturing our children?
- How do we balance work, family time and rest?
- How do we respect and honor our extended families?
- What values do we want our children to implement?

COMMUNICATION AND INTIMACY

- How well do we listen when the other person speaks?
- How do we create a safe and healthy environment?
- How do we manage money and finances as a couple?
- What is one habit that we want to change?
- How do we keep our romance alive?