

## Heavenly Father,

We thank you for the gift of Grandparents and the elderly. We are grateful for their love, their wisdom, and the countless ways they enrich our families and communities.

We pray that they may be blessed with good health, joy, and a long life.

May they continue to be a source of hope and inspiration for future generations, especially in these challenging times.

We ask that You bless them with Your presence, especially during moments of loneliness or difficulty, may they always feel Your love and support, and may they always be cherished and valued for all they contribute.

## Amen.

Saint Joachim and Saint Anne, *pray for us*.

