



# Support Services

 <p><b>Blue Knot Foundation</b> Phone: 1300 657 380 Website: <a href="https://blueknot.org.au/">https://blueknot.org.au/</a></p>	 <p><b>Blue Knot Foundation- National Counselling and Referral Service - Disability</b> Phone: 1800 421 468 Website: <a href="https://blueknot.org.au/national-counselling-referral-service-disability/">https://blueknot.org.au/national-counselling-referral-service-disability/</a></p>	<p><b>Bravehearts</b> bravehearts.org.au <b>Bravehearts</b> Phone: 1800 272 831 Website: <a href="https://bravehearts.org.au/">https://bravehearts.org.au/</a></p>
 <p><b>CatholicCare Sydney</b> Phone: 13 18 19 Website: <a href="https://www.catholiccare.org/">https://www.catholiccare.org/</a></p>	 <p><b>Christian Counsellors</b> Phone: 08 7099 2277 Website: <a href="https://ccaa.net.au/">https://ccaa.net.au/</a></p>	 <p><b>Interrelate</b> Phone: 1300 473 528 Website: <a href="https://www.interrelate.org.au/">https://www.interrelate.org.au/</a></p>
 <p><b>Lifeline</b> Crisis Support. Suicide Prevention. <b>Lifeline</b> Phone: 13 11 14 Website: <a href="https://www.lifeline.org.au/">https://www.lifeline.org.au/</a></p>	 <p><b>Meline Australia</b> Phone: 1300 78 99 78 Website: <a href="https://mensline.org.au/">https://mensline.org.au/</a></p>	 <p><b>Relationships Australia</b> Phone: 1300 364 277 Website: <a href="https://relationships.org.au/">https://relationships.org.au/</a></p>
 <p><b>Survivors &amp; Mates Support Network</b> Phone: 1800 472 676 Website: <a href="https://www.samsn.org.au/">https://www.samsn.org.au/</a></p>	 <p><b>Victims Access Line</b> Phone: 1800 633 063 Website: <a href="http://www.victimsservices.justice.nsw.gov.au/">www.victimsservices.justice.nsw.gov.au/</a></p>	 <p><b>13 Yarn</b> Phone: 13 92 76 Website: <a href="https://www.13yarn.org.au/">https://www.13yarn.org.au/</a></p>
 <p><b>The NSW Elder Abuse Helpline &amp; Resource Unit (EAHRU)</b> Call <b>1800 628 221</b> from Monday to Friday, 8.30am to 5pm</p>	 <p><b>1800 Respect</b> Phone: 1800 737 732 Website: <a href="https://www.1800respect.org.au/">https://www.1800respect.org.au/</a></p>	