# Support Services

## Blue Knot Foundation
- **Blue Knot Foundation**
- **Phone:** 1300 657 380
- **Website:** [https://blueknot.org.au/](https://blueknot.org.au/)

## Bravehearts
- **Bravehearts**
- **Phone:** 1800 272 831
- **Website:** [https://bravehearts.org.au/](https://bravehearts.org.au/)

## CatholicCare Sydney
- **CatholicCare Sydney**
- **Phone:** 13 18 19
- **Website:** [https://www.catholiccare.org/](https://www.catholiccare.org/)

## Christian Counsellors
- **Christian Counsellors**
- **Phone:** 08 7099 2277
- **Website:** [https://ccaa.net.au/](https://ccaa.net.au/)

## Interrelate
- **Interrelate**
- **Phone:** 1300 473 528
- **Website:** [https://www.interrelate.org.au/](https://www.interrelate.org.au/)

## Lifeline
- **Lifeline**
- **Phone:** 13 11 14
- **Website:** [https://www.lifeline.org.au/](https://www.lifeline.org.au/)

## MensLine Australia
- **MensLine Australia**
- **Phone:** 1300 78 99 78
- **Website:** [https://mensline.org.au/](https://mensline.org.au/)

## Relationships Australia
- **Relationships Australia**
- **Phone:** 1300 364 277
- **Website:** [https://relationships.org.au/](https://relationships.org.au/)

## Survivors & Mates Support Network
- **Survivors & Mates Support Network**
- **Phone:** 1800 472 676
- **Website:** [https://www.samsn.org.au/](https://www.samsn.org.au/)

## Victims Access Line
- **Victims Access Line**
- **Phone:** 1800 633 063

## 13 Yarn
- **13 Yarn**
- **Phone:** 13 92 76
- **Website:** [https://www.13yarn.org.au/](https://www.13yarn.org.au/)

## 1800 Respect
- **1800 Respect**
- **Phone:** 1800 737 732
- **Website:** [https://www.1800respect.org.au/](https://www.1800respect.org.au/)

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