

OUTLINE OF THE RITE OF EUCHARISTIC EXPOSITION & BENEDICTION

EXPOSITION

- Song
- Exposition
- (Exposition after Mass)

ADORATION

- Readings, homily, prayers, songs ad libitum
- or Liturgy of the Hours.
- Sufficient time should also be allowed for silent prayer

BENEDICTION

- Eucharistic Song (*Traditional: Tantum Ergo*)
- Prayer
- Blessing (*Traditional; Divine Praises*)

Tantum Ergo

Down in adoration falling, this great sacrament we hail; over ancient forms departing newer rites of grace prevail; faith for all defects supplying where the feeble senses fail.

To the everlasting Father, and the Son who reigns on high, with the Spirit blest, proceeding forth from each eternally, be salvation, honour, blessing, might and endless majesty.

Afterwards the minister rises and sings or says:

V. You have given them bread from heaven.

R. Having in itself all delight.

Let us pray.

Lord Jesus Christ, you gave us the Eucharist as the memorial of your suffering and death. May our worship of this sacrament of your body and blood help us to experience the salvation you won for us and the peace of the kingdom where you live with the Father and the Holy Spirit, one God, for ever and ever.

Amen.

Other prayers, nos. 224-229, may be chosen (on the page following)

After the prayer the priest or deacon puts on the humeral veil, genuflects, and takes the monstrance or ciborium. He makes the sign of the cross over the people with the monstrance or ciborium, in silence.

(Traditionally, at this point the minister would lead the congregation in the Divine Praises)

The Divine Praises

Blessed be God.

Blessed be His Holy Name.

Blessed be Jesus Christ, true God and true man.

Blessed be the name of Jesus.

Blessed be His Most Sacred Heart.

Blessed be His most Precious Blood.

Blessed be Jesus in the Most Holy Sacrament of the Altar.

Blessed be the Holy Spirit, the Paraclete.

Blessed be the great Mother of God, Mary most holy.

Blessed be her holy and Immaculate Conception.

Blessed be her glorious Assumption.

Blessed be the name of Mary, Virgin and Mother.

Blessed be Saint Joseph, her most chaste spouse.

Blessed be God in His angels and in His Saints.

REPOSITION

- Reposition
- Acclamation

NB Benediction may only be given by an ordained minister. When Benediction is not given, the period of Exposition may be brought to an end by the singing of a Eucharistic Song and a Prayer. The Blessed Sacrament is then simply reposed in the tabernacle.

8. PRAYERS AT BENEDICTION OF THE BLESSED SACRAMENT

224. Lord our God, in this great sacrament we came into the presence of Jesus Christ, your Son, born of the Virgin Mary and crucified for our salvation. May we who declare our faith in this fountain of love and mercy drink from it the water of everlasting life. We ask this through Christ our Lord.

225. Lord our God, may we always give due honour to the sacramental presence of the Lamb who was slain for us. May our faith be rewarded by the vision of his glory, who lives and reigns for ever and ever.

226. Lord our God, you have given us the true bread from heaven. In the strength of this food may we live always by your life and rise in glory on the last day. We ask this through Christ our Lord.

227. Lord, give to our hearts the light of faith and the fire of love, that we may worship in spirit and in truth our God and Lord, present in this sacrament, who lives and reigns for ever and ever.

228. Lord, may this sacrament of new life warm our hearts with your love and make us eager for the eternal joy of your kingdom. We ask this through Christ our Lord.

229. Lord our God, teach us to cherish in our hearts the paschal mystery of your Son by which you redeemed the world. Watch over the gifts of grace your love has given us and bring them to fulfilment in the glory of heaven.

We ask this through Christ our Lord.