

Hail, Guardian of the
Redeemer, Spouse of the
Blessed Virgin Mary.

To you God entrusted His only Son;
in you Mary placed her trust; with
you Christ became man.

Blessed Joseph, to us too,
show yourself a father and
guide us in the path of life.

Obtain for us grace, mercy,
and courage, and defend us
from every evil. Amen.



To perpetuate the entrustment of the Church to St. Joseph, Pope Francis has established a Year of St. Joseph from 8 December 2020 to 8 December 2021.

A plenary indulgence is granted to the faithful under the usual conditions - sacramental confession, Eucharistic Communion, and prayer for the Pope's intentions - who, with a spirit detached from any sin, participate in the Year of St. Joseph by way of the following:

- ✦ **Recite a legitimate prayer or act of piety in honour of St. Joseph** especially on 19 March, 1 May, on the 19th of every month, and on every Wednesday, the day dedicated to the Saint.
- ✦ **Pray the Holy Rosary in the home**, or as an engaged couple, so that the atmosphere of intimate communion, love and prayer that was in the Holy Family, will reside in Christian families also.
- ✦ **Contemplate the Lord's Prayer for at least 30 minutes**, or participate in a Spiritual Retreat of at least one day that includes a meditation on St. Joseph.
- ✦ **Entrust their daily activity to the protection of St. Joseph**, and invoke the intercession of the Worker of Nazareth so that those seeking work can find employment befitting human dignity.



This gift of the Plenary Indulgence extends particularly to the elderly, the sick, the suffering, and all those who, for legitimate reasons, are unable to leave their home or place of residence.

For more information on the Year of St. Joseph, please scan and follow the QR code link

