

SOLEMNITY OF CHRIST THE KING

EXPOSITION OF THE MOST BLESSED SACRAMENT

Jesus, My Lord, My God, My All

Jesus! my Lord, my God, my all!
How can I love Thee as I ought?
And, how revere this wondrous gift,
So far surpassing hope or thought?

*Sweet Sacrament! we Thee adore!
O, make us love Thee more and more!*

Had I but Mary's sinless heart
To love Thee with, my dearest King!
O with what bursts of fervent praise
Thy goodness, Jesus, would I sing!

*Sweet Sacrament! we Thee adore!
O, make us love Thee more and more!*

Thy Body, Soul, and Godhead, all!
O mystery of love divine!
I cannot compass all I have,
For all Thou hast and art are mine!

*Sweet Sacrament! we Thee adore!
O, make us love Thee more and more!*



SCRIPTURE READING

Apocalypse 1:4-6,10,12-18,2:26,28,3:5,12,20-21 ©

Grace and peace to you from him who is, who was, and who is to come, from the seven spirits in his presence before his throne, and from Jesus Christ, the faithful witness, the First-Born from the dead, the Ruler of the kings of the earth.

He loves us and has washed away our sins with his blood, and made us a line of kings, priests to serve his God and Father; to him, then, be glory and power for ever and ever. Amen. It was the Lord's day and the Spirit possessed me, and I heard a voice behind me, shouting like a trumpet.

I turned round to see who had spoken to me, and when I turned I saw seven golden lamp-stands and, surrounded by them, a figure like a Son of man, dressed in a long robe tied at the waist with a golden girdle. His head and his hair were white as white wool or as snow, his eyes like a burning flame, his feet like burnished bronze when it has been refined in a

furnace, and his voice like the sound of the ocean. In his right hand he was holding seven stars, out of his mouth came a sharp sword, double-edged, and his face was like the sun shining with all its force.

When I saw him, I fell in a dead faint at his feet, but he touched me with his right hand and said, 'Do not be afraid; it is I, the First and the Last; I am the Living One, I was dead and now I am to live for ever and ever, and I hold the keys of death and of the underworld.

'To those who prove victorious, and keep working for me until the end, I will give the authority over the pagans which I myself have been given by my Father, and I will give him the Morning Star.

'I shall not blot their names out of the book of life, but acknowledge their names in the presence of my Father and his angels.

'I will make them into pillars in the sanctuary of my God, and they will stay there for ever; I will inscribe on them the name of my God and the name of the city of my God, the new Jerusalem which comes down from my God in heaven, and my own new name as well.

'Look, I am standing at the door, knocking. If one of you hears me calling and opens the door, I will come in to share his meal, side by side with him. Those who prove victorious I will allow to share my throne, just as I was victorious myself and took my place with my Father on his throne.'

Responsory

R. They will see the Son of Man coming upon the clouds with great power and glory;* he will send out his angels and gather his chosen from the four winds, from the ends of the earth to the farthest bounds of heaven.

V. He will judge the world with justice, and the peoples with equity;* he will send out his angels and gather his chosen from the four winds, from the ends of the earth to the farthest bounds of heaven.

SILENT PRAYER

(Suggested 10 minutes)

REFLECTION FROM A DISCOURSE OF ORIGEN - THY KINGDOM COME

The coming of the kingdom of God, says our Lord and Saviour, does not admit of observation, and there will be no-one to say "Look here! Look there!" For the kingdom of God is within us and in our hearts. And so it is beyond doubt that whoever prays for the coming of the kingdom of God within himself is praying rightly, praying for the kingdom to dawn in him, bear fruit and reach perfection. For God reigns in every saint, and every saint obeys God's spiritual laws — God, who dwells in him just as he dwells in any well-ordered city. The Father is present in him and in his soul Christ reigns alongside the Father, as it is said: We will come to him and make our dwelling with him.

Therefore, as we continue to move forward without ceasing, the kingdom of God within us will reach its perfection in us at that moment when the saying in the Apostle is fulfilled, that

Christ, his enemies all made subject to him, shall deliver the kingdom to God the Father that God may be all in all.

For this reason let us pray without ceasing, our souls filled by a desire made divine by the Word himself. Let us pray to our Father in heaven: hallowed be thy name; thy kingdom come.

There is something important that we need to understand about the kingdom of God: just as righteousness has no partnership with lawlessness, just as light has nothing in common with darkness and Christ has no agreement with Belial, so the kingdom of God and a kingdom of sin cannot co-exist.

So if we want God to reign within us, on no account may sin rule in our mortal body but let us mortify our earthly bodies and let us be made fruitful by the Spirit. Then we will be a spiritual garden of Eden for God to walk in. God will rule in us with Christ who will be seated in us on the right hand of God — God, the spiritual power that we pray to receive — until he makes his enemies (who are within us) into his footstool and pours out on us all authority, all power, all strength.

This can happen to any one of us and death, the last enemy may be destroyed, so that in us Christ says Death, where is your sting? Death, where is your victory? So let our corruptibility be clothed today with holiness and incorruption. With Death dead, let our mortality be cloaked in the Father's immortality. With God ruling in us, let us be immersed in the blessings of regeneration and resurrection.

Responsory

℟. The dominion of the world has passed to the Lord of us all, and to Christ, his anointed: he shall reign forever and ever.

℣. All races will worship the Lord to whom all sovereignty belongs; he shall reign forever and ever.

LITANY OF CHRIST THE KING

Lord, have mercy on us, *Lord, have mercy on us.*

Christ, have mercy on us, *Christ, have mercy on us.*

Lord, have mercy on us, *Lord, have mercy on us.*

God, our Heavenly Father, Who has made firm for all ages your Son's Throne, *Have mercy on us.*

God the Son, Jesus, our Victim-High Priest, True Prophet, and Sovereign King, *Have mercy on us.*

God the Holy Spirit, poured out upon us with abundant newness, *Have mercy on us.*

Holy Trinity, Three Persons yet One God in the Beauty of Your Eternal Unity, *Have mercy on us.*

O Jesus, our Eternal King, *Reign in our hearts.*

O Jesus, Most Merciful King, *Reign in our hearts.*

O Jesus, extending to us the Golden Sceptre of Your Mercy, *Reign in our hearts.*

O Jesus, in Whose Great Mercy we have been given the Sacrament of Confession, *Reign in our hearts.*



O Jesus, Loving King Who offers us Your Healing Grace, *Reign in our hearts.*
O Jesus, our Eucharistic King, *Reign in our hearts.*
O Jesus, the King foretold by the prophets, *Reign in our hearts.*
O Jesus, King of Heaven and earth, *Reign in our hearts.*
O Jesus, King and Ruler of All Nations, *Reign in our hearts.*
O Jesus, Delight of the Heavenly Court, *Reign in our hearts.*
O Jesus, King Most Compassionate toward Your subjects, *Reign in our hearts.*
O Jesus, King from Whom proceeds all authority, *Reign in our hearts.*
O Jesus, in whom, with the Father and the Holy Spirit, we are One, *Reign in our hearts.*
O Jesus, King Whose Kingdom is not of this world, *Reign in our hearts.*
O Jesus, King Whose Sacred Heart burns with Love for all mankind, *Reign in our hearts.*
O Jesus, King Who is the Beginning and the End, the Alpha and the Omega, *Reign in our hearts.*
O Jesus, King Who has given us Mary, the Queen, to be our dear Mother, *Reign in our hearts.*
O Jesus, King Who will come upon the clouds of Heaven with Power and Great Glory, *Reign in our hearts.*
O Jesus, King Whose Throne we are to approach with confidence, *Reign in our hearts.*
O Jesus, King truly present in the Most Blessed Sacrament, *Reign in our hearts.*
O Jesus, King Who made Mary the Mediatrix of All Graces, *Reign in our hearts.*
O Jesus, King Who made Mary Co-Redemptrix, Your partner in the Plan of Salvation, *Reign in our hearts.*
O Jesus, King Who desires to heal us of all division and disunity, *Reign in our hearts.*
O Jesus, King wounded by mankind's indifference, *Reign in our hearts.*
O Jesus, King Who gives the balm of Your Love with which to console Your Wounded Heart, *Reign in our hearts.*
O Jesus, King Who is the Great I AM within us, our Wellspring of Pure Delight, *Reign in our hearts.*

Jesus, King of All Nations, True Sovereign of all earthly powers, *May we serve You.*
Jesus, King of All Nations, subjecting under Your feet forever the powers of hell, *May we serve You.*
Jesus, King of All Nations, the Light beyond all light, enlightening us in the darkness that surrounds us, *May we serve You.*
Jesus, King of All Nations, Whose Mercy is so Great as to mitigate the punishments our sins deserve, *May we serve You.*
Jesus, King of All Nations, recognized by the Magi as the True King, *May we serve You.*
Jesus, King of All Nations, the Only Remedy for a world so ill, *May we serve You.*
Jesus, King of All Nations, Who blesses with Peace those souls and nations that acknowledge You as True King, *May we serve You.*
Jesus, King of All Nations, Who Mercifully sends us your Holy Angels to protect us, *May we serve You.*
Jesus, King of All Nations, Whose Chief Prince is Saint Michael the Archangel, *May we serve You.*
Jesus, King of All Nations, Who teaches us that to reign is to serve, *May we serve You.*
Jesus, King of All Nations, Just Judge Who will separate the wicked from the good, *May we serve You.*
Jesus, King of All Nations, before Whom every knee shall bend, *May we serve You.*
Jesus, King of All Nations, Whose Dominion is an everlasting Dominion, *May we serve You.*
Jesus, King of All Nations, Lamb who will Shepherd us, *May we serve You.*
Jesus, King of All Nations, Who after having destroyed every sovereignty, authority and power, will

hand over the Kingdom to Your God and Father, *May we serve You.*
Jesus, King of All Nations, Whose Reign is without end, *May we serve You.*
Jesus, King of All Nations, Whose kindness toward us is steadfast, and whose fidelity endures forever, *May we serve You.*

Eternal Father, Who has given us Your Only Begotten Son, to be our Redeemer, One True Mediator, and Sovereign King, *We praise and thank You.*
Loving Jesus, Sovereign King, Who humbled Yourself for Love of us and took the form of a servant, *We praise and thank You*
Holy Spirit, Third Person of the Trinity, Love of the Father and the Son, Who sanctifies us and gives us Life, *We praise and thank You*

Mary, our Queen and Mother, who mediates to Jesus on our behalf, *Pray for us.*
Mary, our Queen and Mother, through whom all Grace come to us, *Pray for us.*
Mary, our Queen and Mother, Singular Jewel of the Holy Trinity, *We love You.*
Holy Angels and Saints of our Divine King, *Pray for us and Protect us. Amen.*

BENEDICTION

Tantum Ergo

Down in adoration falling, this great sacrament we hail.
Ancient types have long departed, rites of grace prevail.
Faith for all defects supplying, where the feeble senses fail.

Glory let us give and blessing, To the Father and the Son.
Honour, might and praise addressing While eternal ages run.
Equal praise to thee confessing Who proceeds from both as one. Amen.

The minister rises and sings or says:

R. You have given them bread from heaven.

V. Having in itself all delight.

Let us pray.

Lord Jesus Christ,
you gave us the Eucharist
as the memorial of your suffering and death.
May our worship of this sacrament of your body and blood
help us to experience the salvation you won for us and the peace of the kingdom
where you live with the Father and the Holy Spirit,
one God, for ever and ever.
Amen.

Benediction with the Most Blessed Sacrament

DIVINE PRAISES

Blessed be God.
Blessed be His Holy Name.
Blessed be Jesus Christ, true God and true man.
Blessed be the name of Jesus.
Blessed be His Most Sacred Heart.
Blessed be Jesus in the Most Holy Sacrament of the Altar.
Blessed be the Holy Spirit, the paraclete.
Blessed be the great Mother of God, Mary most holy.
Blessed be her holy and Immaculate Conception.
Blessed be her glorious Assumption.
Blessed be the name of Mary, Virgin and Mother.
Blessed be Saint Joseph, her most chaste spouse.
Blessed be God in his angels and in his Saints.

REPOSITION OF THE MOST BLESSED SACRAMENT

Hail Redeemer, King Divine

Hail Redeemer, King divine!
Priest and Lamb, the throne is thine;
King, whose reign shall never cease,
Prince of everlasting peace.

Refrain

Angels, saints and nations sing :
"Praised be Jesus Christ our King;
Lord of life, earth, sky and sea,
King of love on Calvary!"

King, whose name creation thrills,
Rule our hearts, our minds, our wills;
Till in peace, each nation rings
With Thy praises, King of kings.

Refrain

King most holy, King of truth,
Guard the lowly, guide the youth;
Christ the King of glory bright,
be to us eternal light.

