



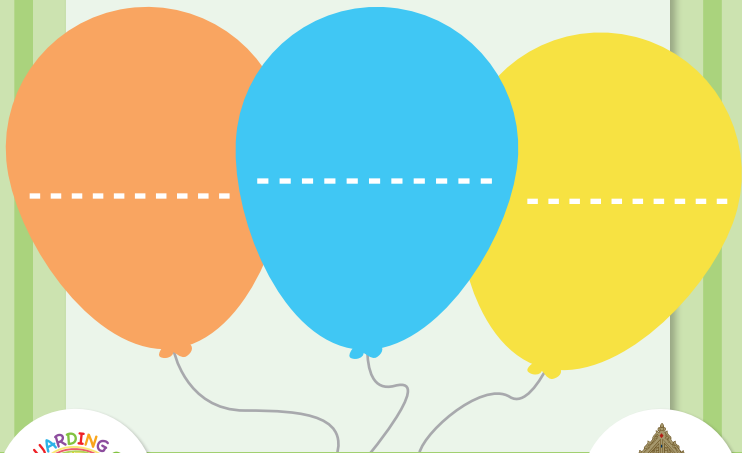
Someone will
listen to you

Someone will listen to you

If you feel scared, curious, embarrassed, sad or worried . . .

Tell an adult you trust - a parent, aunty, teacher or an older brother or sister so they can help you.

My three trusted adults are....



You can also ring the Kids Help Line
on **1800 551 800**
any time of the day or night

